

# HEALTHY

## aging

### education series

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## Introduction to Cybersecurity

Join us as Asurtec helps us protect ourselves in the digital world. You will learn about maintaining confidentiality when using social media, how to protect yourself against scam emails, texts, and phone calls, and some best practices to manage your passwords. If you ever wondered how to protect your information when you are doing online shopping or online banking, this is the session for you!

**Date: May 5, 2021**

**Time: 10am to 11am**

**To Register: Please visit <https://www.eventbrite.ca/e/148917509279>**

**All registrants will receive a link for this Zoom webinar by email a day or two prior to the event. Please check email regularly.**

