


Clubs and Drop-In Activities NOVEMBER 2018

R Register *W* West End Community Centre *P* Riverside Park Picnic Shelter

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Everyday Activities</u></p> <p>Snooker—9a-4p</p> <p>Book Nook— Mon-Fri – 9a-4p</p> <p>Aquatic Arthritic Relief (West End Community Centre) (519-837-5657)</p>	<p><u>Weekend Activities</u></p> <p><u>Saturday</u> 9a-12p Table Tennis, Nov. 3, 10, 17 10a-12p Darts, Nov. 3, 10, 17</p> <p><u>Sunday</u> 1:15-3:15p Badminton, Nov. 4, 11, 18</p>		<p>1 9a-12p Badminton 12-4p West Hills Arts <i>W</i> 1-2p Feel Better Move Well <i>W</i> 1-3p Line Dancing 1-3:30p Bridge 1-4p Bid Euchre 1-4p Scrabble 2:15-5p Pickleball <i>W</i></p>	<p>2 8:30a-1:15p Crafts 9-11:30a Improving Bridge 9a-12p Chess 9a-12p Diabetes Clinic 10a-12p Darts 10a-12:30p Badminton 12:45-3p Silvertones 12:45-4p Pickleball 1-3p Computer Free Time 1-4p Friday Euchre 1-4p Table Tennis <i>W</i></p>
<p>5 9:30-11:45a Line Dancing 12:30-4p Quilting 1-2p Feel Better Move Well 1-3p Computer Mentoring 1-3:30p Monday Euchre 1-4p Badminton <i>W</i> 3:15-6:30p Table Tennis 6:30-9:15p Bid Euchre</p>	<p>6 9a-12p Pickleball 10a-12p Education Series 12-4p Pickleball <i>W</i> 12:30-4p Cribbage 1-3:30p Mah Jongg 1-4p West End Arts <i>W</i> 1:15-3:15p Shuffleboard 1:30-3:30p Dominoes 6:30-8:30p Texas Hold’Em 6:30-9:30p Art Studio in 2 7-9:30p Badminton 7-9:30p Bridge 7-9:30p Snooker</p>	<p>7 8:30a TRIP BOOKING 9-11:30a Computer Free Time 9a-12:45p Table Tennis 9:15a-12p Bunka 10a Food Demo 10a-12p Darts 12:30-4p Watercolours 1-3:30p Badminton <i>W</i> 1-4p Canasta 1:15-3:15p Shuffleboard 2-3:30p Hearing Improvement</p>	<p>8 9a-12p Badminton 12-4p West Hills Arts <i>W</i> 1-2p Feel Better Move Well <i>W</i> 1-3p Line Dancing 1-3:30p Bridge 1-3:30p Writers Club 1-4p Bid Euchre 1-4p Scrabble 2:15-5p Pickleball <i>W</i></p>	<p>9 8:30a-1:15p Crafts 9-11:30a Improving Bridge 9a-12p Chess 9a-12p Diabetes Clinic 1-3p Computer Free Time 1-4p Friday Euchre 2p The Day Before</p>
<p>12 9:30-11:45a Line Dancing 12:15-3:30p Bridge <i>W</i> 12:30-4p Quilting 1-2p Feel Better Move Well 1-3p Computer Mentoring</p>	<p>13 9-10a Diabetes Support 9a-12p Pickleball 10a-12p Education Series 12-4p Pickleball <i>W</i> 12:30-4p Cribbage 1-3:30p Mah Jongg</p>	<p>14 9-11:30a Computer Free Time 9a-12:45p Table Tennis 9:15a-12p Bunka 10a-12p Darts 12:30-4p Art Studio in 2</p>	<p>15 9a-12p Badminton 12-4p West Hills Arts <i>W</i> 1-2p Feel Better Move Well <i>W</i> 1-3p Line Dancing</p>	<p>16 8:30a-1:15p Crafts 9-11:30a Improving Bridge 9a-12p Chess 9a-12p Diabetes Clinic 10a-12p Darts</p>

<p>1-3:30p Monday Euchre 1-4p Badminton <i>W</i> 2:30-5p Photography Club 3:15-6:30p Table Tennis 6:30-9:15p Bid Euchre 7-9p Computer Club</p>	<p>1-4p West End Arts <i>W</i> 1:15-3:15p Shuffleboard 1:30-3:30p Dominoes 6:30-8:30p Texas Hold'Em 6:30-9:30p Art Studio in 2 7-9:30p Badminton 7-9:30p Bridge 7-9:30p Snooker</p>	<p>1-3:30p Badminton <i>W</i> 1-4p Canasta 1:15-3:15p Shuffleboard</p>	<p>1-3:30p Bridge 1-4p Bid Euchre 1-4p Scrabble 2:15-5p Pickleball <i>W</i></p>	<p>10a-12:30p Badminton 12:45-3p Silvertones 12:45-4p Pickleball 1-2:20p Book Club 2 1-3p Computer Free Time 1-4p Friday Euchre 1-4p Table Tennis <i>W</i></p>
<p>19 9:30-11:45a Line Dancing 12:15-3:30p Bridge <i>W</i> 12:30-4p Quilting 1-2p Feel Better Move Well 1-3p Computer Mentoring 1-3:30p Monday Euchre 1-4p Badminton <i>W</i> 3:15-6:30p Table Tennis 6:30-9:15p Bid Euchre</p>	<p>20 9a-12p Outreach 9a-12p Pickleball 12-4p Pickleball <i>W</i> 12:30-4p Cribbage 1-3:30p Mah Jongg 1-4p West End Arts <i>W</i> 1:15-3:15p Shuffleboard 1:30-3:30p Dominoes 6:30-8:30p Texas Hold'Em 6:30-9:30p Art Studio in 2 7-9:30p Badminton 7-9:30p Bridge 7-9:30p Snooker</p>	<p>21 9-11:30a Computer Free Time 9a-12:45p Table Tennis 9a-4p Watercolours 9:15a-12p Bunka 10a-12:15p Darts 1-3:30p Badminton <i>W</i> 1-4p Canasta 1:15-3:15p Shuffleboard</p>	<p>22 9a-12p Badminton 10a-12p Food Demo 12-4p West Hills Arts <i>W</i> 1-2p Feel Better Move Well <i>W</i> 1-3p Line Dancing 1-3:30p Bridge 1-3:30p Writers Club 1-4p Bid Euchre 1-4p Scrabble</p>	<p>23 8:30a-1:15p Crafts 9-11:30a Improving Bridge 9a-12p Chess 9a-12p Diabetes Clinic 10a-12p Darts 10a-12:30p Badminton 10:30a-12p Food Tasting 12:45-3p Silvertones 12:45-4p Pickleball 1-3p Computer Free Time 1-4p Friday Euchre</p>
<p>26 12:15-3:30p Bridge <i>W</i> 1-2p Feel Better Move Well 1-3p Computer Mentoring 1-4p Badminton <i>W</i> 2:30-5p Photography Club 6:30-9:15p Bid Euchre</p>	<p>27 8:30a-12p Arthritis Service 9-10a Diabetes Support 10a-12p Education Series 1-3:30p Mah Jongg 1:30-3:30p Dominoes 6:30-8:30p Texas Hold'Em 7-9:30p Snooker</p>	<p>28 9-11:30a Computer Free Time 9:15a-12p Bunka 1-3:30p Badminton <i>W</i> 1-4p Canasta 1:30-4p Wednesday Euchre</p>	<p>29 12-4p West Hills Arts <i>W</i> 1-2p Feel Better Move Well <i>W</i> 1-4p Bid Euchre 1-4p Scrabble</p>	<p>30 9-11:30a Improving Bridge 9a-12p Chess 9a-12p Diabetes Clinic 1-2:30p Book Club 1-3p Computer Free Time 1-4p Friday Euchre</p>